



Sustainability Academy's Newsletter

October 13, 2017



**Don't Miss
out on
Sustainability's Academy 5th Annual
Harvest Run / Walk**

**Sunday October 15th
9- 11:30
In the Intervale Center**

Have Fun helping to raise money for our school !

Romp through farm fields and dirt roads on your way to completing a 5k run/walk or kids fun run. Register today!

Race Day Information and registration available here:

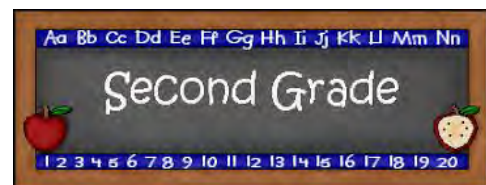
<https://www.citymarket.coop/harvestfunrun>

Guidance

Sami Wayne, our new Howard Center social worker, and Karen Quinn, SA's school counselor, will be running small groups throughout the year. These groups will run for 6 weeks, and will happen during the school day. These groups will focus on social skill building, emotion regulation (self-control), and confidence building.

If you ***do not*** want your child participating in any of these groups, please email kmquinn@bsdvt.org or call 864-8480 extension 3.

Curriculum Corner



News from the Second Grade

The second graders here at The SA have been learning up a storm. We started our year off with a study on peace and led the school in the celebration of International Peace Day on September 21st. We learned that peace is something active that we need to work to create and keep in our communities. We created peace pledges that are now hung in our hallway to remind us of one small thing we can do everyday to make our community a calmer, more peaceful place. We also wrote about peace and created peace poles to plant at our homes with messages of peace on them. Now we are engaged in a study called "Take Care of You" based on the "Be well" cards in our Yoga 4 Classrooms program. We have been learning about the importance of getting enough sleep, going outside, getting enough water and being content. Thursday we had our first visit from a nutritionist from UVM teaching us about making healthy choices with the foods that we eat. This program will continue for the next six weeks and we are looking forward to learning a lot about healthy foods we can prepare and enjoy at school and at home. Speaking of food, we have been doing a lot of harvesting in our school garden. We have harvested potatoes, basil, kale, and horehound to do cooking in our classrooms. Our classes also did an in depth study of the book My Father's Dragon and went to see the play at The Flynn Theatre to deepen our understanding of this amazing classic. We are off to a great start!

Coming Soon!
Fall Community Clean up Day



Saturday, October 21st
9:00 a.m. - 11:00a.m.

Please lend a hand with a variety of projects to keep our schoolyard in tip top shape for outdoor recreation and learning.



Sustainability Academy's Farmer's Market



The S.A. farmer's market is back, and ready to rumble!
The farmer's market is every Thursday right after school from **2:50 -3:20**.

The S.A. fifth graders are running the farmer's market and are thinking of some cool ideas of how to make it better.

Let us know if you have ideas! If you have extra vegetables or other items we happily accept donations (room 201).

Make sure to check it out!



Burlington School District
Information



Student Support Services
Parent Forum

Join Nathan Lavery, Finance Director and Laura Nugent, Student Support Services
Special Education Funding Information and Recommendations

We would like your input. All stakeholders welcome
123 North Street , Burlington, VT
Wednesday, October 18th 6:30 - 7:30

Contact lnugent@bsdvt.org or 864-8456 if childcare is needed.



School
Nurse

The School Based Health Center (SBHC) is Open!

The Sustainability Academy is so fortunate to be one of five schools in the district with it's own Health Clinic- in the school, during school hours, staffed by a provider from University Pediatrics. Appointments can be arranged ahead of time or just by dropping in. The clinic is designed to help children get health care they need, in a way that's most convenient for the parents.

Services Include:

- Sick visits (colds/flu, skin rashes, stomach illness, ear infections)
- Assessment and care for chronic illnesses such as asthma, allergies, ADHD etc.
- Behavioral support, nutritional support
- Family outreach and support.

The Details:

- Participation is voluntary.
- The clinic provider will communicate with your child's primary doctor.
- Parents are always welcome to come to appointments, but it is not necessary.

FY 2019 Budget Process is Starting Get Involved!

Over the next 3 months the School Board and District Administration will be developing the FY 2019 budget for consideration on Town Meeting Day.

This is a rigorous process, and hearing from our Burlington community is a vital component in this endeavor. There will be multiple public meetings and opportunities to provide input throughout this process in the coming months.

Join us for community budget meetings next week:

Monday, October 16th: **Understanding the Budget**
Hunt Cafeteria, 6 PM

Tuesday, October 17th: **Budget Topic**
New Americans Burlington High School Cafeteria, 4 PM
Opportunity for New American families to voice their budget priorities.

Visit <http://www.bsdt.org/district/budget/> for updated information and resources, including an online feedback form, in the coming weeks and months

Burlington High School ReEnvisioning

Community Input Meetings

Come learn about current BHS renovation concepts and give input on the following questions:

Should we build new or renovate with a partial demolition?
Do the current design directives capture all the needs?

Light refreshments will be available

Please contact the Superintendent's Office at superintendent@bsdt.org if you need childcare

Dates: (All events 6:00-8:00 pm)

Tuesday, October 24th,
Champlain Elementary Cafeteria

Wednesday, October 25th
Integrated Arts Academy Cafeteria

Monday, October 30th
Hunt Middle School Library

- If you have Medicaid the visits are free, private insurances will be billed.
- Talk to the School Nurse for an application or for any questions!

School Based Health Center Hours 2017-2018
Every Tuesday - 7:45am-10:15am - with Mary Lee Ritter, FNP

School Expectations

**Be Safe
Be Responsible
Be Respectful
Do Your Best**

Bee Card Winners



October 4th



**KDG - Calvin
1st- Sophie G
2nd- Kaylee
3 / 4 -Jordan T, Gavin
5th- Aaron**

October 11th



**KDG.- Zaelen
1st- Julia
2nd-Eh Kaw
3 / 4 - Adele, Azriel
5th- Ryland**

Picture Retakes



Monday, November 13th
11:45 in the Library

Lost in Found



We have a number of items in the lost and found that need a home. Please have your child check to see if they have items in the lost and found.

Upcoming Events:

Harvest Run

Sunday, October 15th
9:00 - 11:30 at the Intervale

No School

Friday, October 20th
Teacher inservice Day

SA Fall Clean Up

Saturday, October 21st
9:00- 11:00

Harvest Dance

Friday, October 27th
6- 7:30 p.m.



Our Peace Day all school photograph.

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