



Sustainability Academy's Newsletter

September 28, 2018

School Parking Lot



School parking lots can be incredibly busy places in the morning when children arrive and in the afternoon when children are dismissed.

Safety is a primary concern of the school staff, but it requires everyone's participation. ***Please be patient, respectful, and courteous to each other while picking up and dropping off your student(s) to and from school.***

By being a positive role model you can help our student scholars learn safe procedures.

Open Streets



Sunday, September 30th
11:00am - 4:00pm

A free event to provide people an opportunity to enjoy the streets of the ONE in a car-free environment with fun and healthy activities. See their website for more specifics:

<https://www.openstreetsbtv.com>

SA will be hosting a bike decorating station in the basketball area.

Drop off decorating donations in the main lobby of the school.

If you would like to volunteer or be the point person please contact Christina Vetter
christina.vetter@gmail.com

Curriculum Corner



The School Based Health Center (SBHC) is Open!

The Sustainability Academy is so fortunate to be one of five schools in the district with its own Health Clinic- in the school, during school hours, staffed by a provider from UVMHC Pediatric Primary Care. Appointments can be arranged ahead of time or just by dropping in. The clinic is designed to help children get health care they need, in a way that's most convenient for the parents.

Services Include:

- Sick visits (colds/flu, skin rashes, stomach illness, ear infections)
- Assessment and care for chronic illnesses such as asthma, allergies, ADHD etc.
- Behavioral support, nutritional support
- Family outreach and support.

The Details:

- Participation is voluntary.
- The clinic provider will communicate with your child's primary doctor.
- Parents are always welcome to come to appointments, but it is not necessary.
- If you have Medicaid the visits are free, private insurances will be billed.
- **Talk to the School Nurse for an application or for any questions!**

School Based Health Center Hours
Every Thursday - 7:45 a.m - 10:15a.m
with Libby McDonald, PNP

Open House



Thursday, October 4th
5:30-6:15 pm - Visit Classrooms
6:15-7:00 pm - Dinner and Festivities

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**Save the Date!**

## 7th Annual Harvest Run / Walk

**Sunday, October 14th**  
**1:00pm - 4:00pm**  
**At the Intervale Center**

Romp through farm fields and dirt roads on your way to completing a 5k run/walk or kids fun run.

**It's not too soon to register.**

Registration is \$5/child, \$15 (\$12 early bird)/adult or \$30 (\$25 early bird)/family. You can raise money for our school and win awesome prizes by collecting pledges.

Race Day information and registration available here:

**<https://www.citymarket.coop/harvestfunrun>**

Don't feel like running? That's okay! Join us for live music, kids' activities, a raffle, and door prizes.

Looking for City Market Member Hours?

By volunteering at the Harvest Run you can Earn City Market Member Hours.

Have Questions?  
Contact Christina Vetter  
[christina.vetter@gmail.com](mailto:christina.vetter@gmail.com)

**NATIONAL**  
**FARM to**  
**SCHOOL**  
**MONTH**



## **October is Farm-to-School Month!**

The Sustainability Academy is excited to be a part of this effort with the rollout of our City Market-sponsored mobile kitchen cart as a teaching tool in classrooms. Burlington School Food Project's Garden Education Coordinator, Christine Gall, is working with our teachers and students each month on an in-class cooking project. Monthly cooking lessons will be guided by the Vermont Harvest of the Month curriculum (<http://www.vermontharvestofthemonth.org>).

These engaging cooking experiences are intended to give kindergarten through fifth grade students the interest, knowledge and skills they need to make healthy food choices. Nutrition and local food systems awareness are integrated in the lessons as well as math, literacy and science standards. Students of all ages will have chances to follow recipes and measure, mix and chop to contribute to a class snack! All students will have opportunities to learn valuable knife safety skills and use age-appropriate cutting utensils under close adult supervision. Students who participate in cooking lessons often report increasing their willingness to try more fruits, vegetables and flavors. Students and teachers alike are grateful to City Market and Burlington School Food Project for their support!

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VOLUNTEERS NEEDED!



Robotics Club - contact Lashawn Whitmore-Sells
Family Style Lunch - contact Julie Norman
Knitting Club - contact Lashawn Whitmore-Sells

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## **Bee Card Winners**

### **School Expectations**

**Be Safe**  
**Be Responsible**  
**Be Respectful**  
**Do Your Best**

## Walk to School Day

Wednesday, October 10th



***Please join us by walking or biking to school!***

International Walk to School day is on **October 10th** it is a global event that involves communities from more than 40 countries that walk and bike to school on the same day. It began in 1997 as a one-day event. Over time, this event has become part of a movement for year-round safe routes to school and a celebration-with record breaking participation-each October.

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Upcoming Events:

PTO Meeting

Monday, October 1st

5:45 - 7:30

Pizza and Childcare are provided

Meeting in the community room

Open House / Community Dinner

Thursday, October 4th

5:30 - 6:15- Visits Classrooms

6:15 - 7:00 - Dinner provided

All School Photo.

Monday, October 8th

8:10 am

All SA families are welcomed to join us.

On school grounds

Harvest Run

Sunday, October 14th

1:00pm - 4:00pm

A PTO sponsored event at the Intervale

International Walk / Bike to School

Wednesday, October 10th

No School

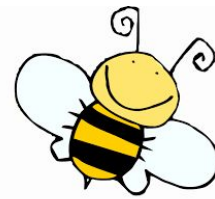
Friday, October 19th

Teacher inservice day

Early Release Day

Thursday, October 25th

Dismissal at 11:30, bag lunches will be provided



September 19th



K - Makenna

1st/2nd - Sean & William

3rd/4th - Preston & Dayton

5th - Ellamae

September 26th



K - Dani

1st/2nd - Asnina & Zaelen

3rd/4th - Linus & Tristan

5th - Apsa

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### Lost and Found



We have a number of items in the lost and found that want to be found. Feel free to check the lost and found, located on the first floor near the health office, anytime you are visiting the school.

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The Burlington School Food Project is seeking part-time and permanent kitchen assistants. Hours can be flexible and starting rate is **\$15.23/hour**.

Harvest Dance

Friday, October 26th
6:00pm - 8:00 pm
SA cafeteria
Volunteers Needed!!!

PTO Fall Work Day

Saturday, October 27th
9:00am - noon
SA school grounds
Volunteers Needed!!!

Picture Retake Day

Tuesday, October 30th

Contact us at 864-8416 or use the [website](#) to learn more!

SA has a need for para-educators as well as recess and lunch monitors. If you would like more information please contact Monica Gragg in the main office.

Peace Day

Please take a walk through the building and take notice of the peace day work our student scholars have done.

Save Paper



If you would like to receive this newsletter via email, fill out the information below and return it to your teacher.

Student Name: _____

Grade: _____

Email address: _____



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