



Sustainability Academy's Newsletter

January 25, 2019

Parent Coffee **Annual Title 1 Meeting**



When: Tuesday, February 12th

Where: Library

Time: 8:15am

We will review:

Title 1 policy

The Home School Compact

District Parent's Involvement Policy

PTO Movie Night



When: Friday, Feb 15th, 6:00pm

Where: SA GYM

What: Movie and Popcorn

Fall 2019 Kindergarten Registration

Deadline Feb 22nd



Kindergarten Registration for the Burlington School District will open on January 3rd, 2019 and close on February 22, 2019. Children must be 5 years of age by September 1st, 2019.

Curriculum Corner



Catching Up With Physical Education

By

Allyson Archacki (3-5) & Justin Bissonnette (K-2)

Happy New Year Parents & Students! While many of us are making new healthy resolutions for the new year, our Physical Education classes at SA are continuing to maintain our hard work that has been ongoing for the past 5 months and beyond.

This is year two of the Vermont Physical Education Assessment, a required test for 4th grade. As usual, the 5th grade will also be testing via the FitnessGram. In addition, 3rd grade will also be taking the FitnessGram test within their 3-4 classrooms. In all three grades, FitnessGram reports were sent home before the holiday break. In the Spring, grades 3-5 will test again and the 4th grade scores will be reported to the state as required. This information is used to enhance and evaluate PE programs, help students self monitor their physical activity and help create health and physical activity related standards for schools.

Students in these grades will be tested on the following areas:

- Flexibility (Sit and Reach)
- Abdominal Strength (Curl ups)
- Upper Body Strength (Push ups)
- Cardiovascular Endurance (PACER)



In grades 3-5 we are now moving into a basketball unit where they will develop and refine their dribbling, passing, and shooting skills.

Applications must be completed online by going to the BSD web page www.bsdrv.org and clicking on 'Students and Families' then 'School Registration'.

The Link for 2019/20 School year will not be available until January 3, 2019.

Tour Dates for Incoming Kindergarten

Please call the school at **864-8480** to let us know that you are coming.

Friday 2/8 8:30am
Wednesday 2/20 6:00pm

Morning Move It!



Congratulations!

To first grade student Calvin MacHarg for running 40 miles during Morning Move It over 1½ years!

Way to go Calvin! He earned a breakfast treat from Nunyuns Bakery & Cafe.

Please join us for Morning Move it on Mondays & Thursdays at 7:50-8:05. Start your school day with a clear mind and an energized body by walking or running before the bell rings. We'll help you keep track of your mileage and even recognize your big milestones with announcements and prizes! Hope to see you out there!

~ Ms. Archacki and Mr. Bissonette

Upcoming Events:

PTO Meeting

Monday, February 4th

5:45 - 7:30 pm

Community room

Dinner and Childcare provided

Student Council Meeting

Tuesday, February 5th

8:00am

Staff Room

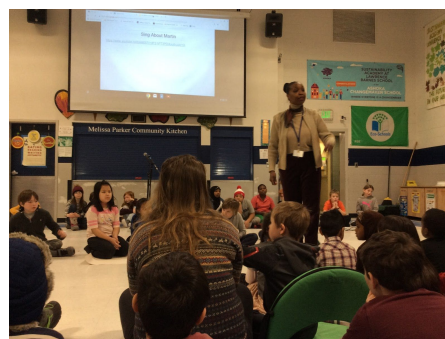
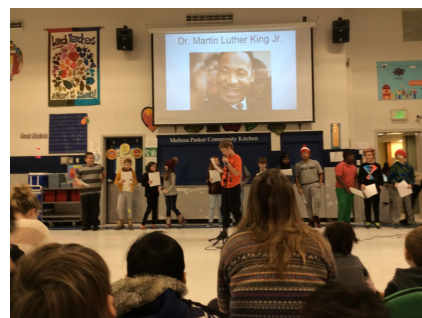
In 1st and 2nd grade we have just started using pedometers to measure our exercise. We have learned that a pedometer is a small little box that is attached to our hip where it measures our steps. The more steps we get, the more exercise that we have done! Although they are not as accurate at measuring exercise as measuring our Heart Rate, pedometers are another useful tool that can help measure and encourage more participation in physical activity by setting appropriate goals based on your previous step totals.

Also in grades K-2, we have started using scooters. Scooters are another fun way that our students love to move around in the gym. They require lots of strength, endurance and body awareness in order to keep our classroom safe. Our students love to use our scooters and play many of our famous games on scooters including Scooter Tag, Sharks and Minnows, Soccer and Floor Hockey.

Through all of our physical activities we are constantly practicing and assessing our fitness. A fit body and mind play a very important role in your child's performance in school. We appreciate your assistance in encouraging physical activity with your child.

If you have any questions or concerns you can email us at :
Allyson Archacki at aarchack@bsdrv.org or
Justin Bissonnette at jbissonn@bsdrv.org

Dr. Martin Luther King, Jr. Assembly



Reading to End Racism

Wednesday, February 6th
All Day, Various Classrooms

Parent Coffee & Title One Meeting

Tuesday, February 12th
8:15-9:00
SA Library

PTO Movie Night

Friday, February 15th
6pm
SA Cafeteria

Spirit Week

Feb 18-22

NAEP Testing 4th grade only

Wednesday, February 20th

Student Council Meeting

Thursday, February 21st
8:00am
Staff Room

Report Cards Go Home

Friday, February 22nd

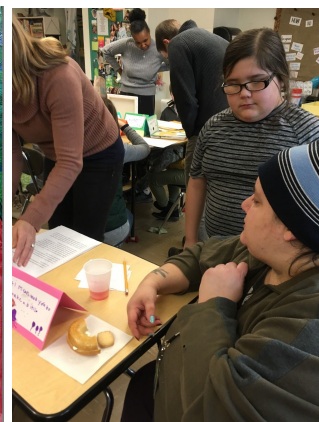
Winter Vacation - No School

February 25th - March 4th
School resumes Wednesday March 6th

PTO Meeting

Monday, March 11th
5:45 - 7:30 pm
Community room

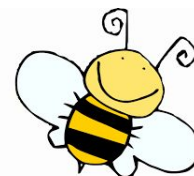
3rd/4th Grade Celebration of Learning



Bee Card Winners

School Expectations

**Be Safe
Be Responsible
Be Respectful
Do Your Best**



January 16th



**K - Jeffrey & Hashim
1st/2nd -Maxwell & Sabin
3rd/4th - Mirik & Dayton
5th - Abdi & Katie**

This page intentionally left blank for February menu which has not yet been published.